

Chapter four: “Love in marriage” (89-164)

The fourth chapter treats love in marriage, which it illuminates with Saint Paul’s Hymn to Love in 1 Corinthians 13:4-7. This opening section is truly a painstaking, focused, inspired and poetic exegesis of the Pauline text. It is a collection of brief passages carefully and tenderly describing human love in absolutely concrete terms. The quality of psychological introspection that marks this exegesis is striking. The psychological insights enter into the emotional world of the spouses – positive and negative – and the erotic dimension of love. This is an extremely rich and valuable contribution to Christian married life, unprecedented in previous papal documents.

This section digresses briefly from the more extensive, perceptive treatment of the day-to-day experience of married love which the Pope refuses to judge against ideal standards: “There is no need to lay upon two limited persons the tremendous burden of having to reproduce perfectly the union existing between Christ and his Church, for marriage as a sign entails ‘a dynamic process..., one which advances gradually with the progressive integration of the gifts of God’” (AL 122). On the other hand, the Pope forcefully stresses the fact that conjugal love by its very nature defines the partners in a richly encompassing and lasting union (AL 123), precisely within that “mixture of enjoyment and struggles, tensions and repose, pain and relief, satisfactions and longings, annoyances and pleasures” (AL 126) which indeed make up a marriage.

The chapter concludes with a very important reflection on the “transformation of love” because “Longer life spans now mean that close and exclusive relationships must last for four, five or even six decades; consequently, the initial decision has to be frequently renewed” (AL 163). As physical appearance alters, the loving attraction does not lessen but changes as sexual desire can be transformed over time into the desire for togetherness and mutuality: “There is no guarantee that we will feel the same way all through life. Yet if a couple can come up with a shared and lasting life project, they can love one another and live as one until death do them part, enjoying an enriching intimacy” (AL 163).